

MAKE YOUR LIFEBALANCE!

LifeBalance



2009 - Other Service Areas

Welcome to the LifeBalance Recreational Cultural and Wellness Benefit Program. You and your family are now members of LifeBalance. Your company has enrolled you into this work/life balance, health promotion program as an addition to your employee benefit package.



LifeBalance partners with the most prestigious and well-respected recreational, cultural and wellness based businesses that offer members substantial discounts through a well-organized, easy to use network and event calendar. Members are encouraged to stay active, stay healthy, relieve stress, and most importantly to have fun with LifeBalance!

Thank you for your participation. We hope you will enjoy your new work/life balance program.

LifeBalance. . . Get into it!

The LifeBalance Program



Absolute Recreation Management & The LifeBalance Program
8083 SE 13th, Suite 4 | Portland, Oregon 97202
P: 503.234.1375 or 888.754.5433 | F: 503.234.1620

www.LifeBalanceProgram.com

MAKE YOUR LIFEBALANCE!



LifeBalance Program Benefits

The LifeBalance Program features the **LifeBalance Provider Network** and **LifeBalance Member Events**. The **LifeBalance Provider Network** consists of thousands of recreational, cultural and wellness focused businesses throughout **Oregon, Washington** and **Alaska** that offer exclusive discounts and benefits to LifeBalance members in over 70 categories, including health clubs, retail stores, guide services, tour operators, performing arts venues, museums, instructors, massage therapists and more. **LifeBalance Member Events** provide easy access to a wide variety of special events, activities, classes, outings and more to help members get the most out of life.



To access all program benefits, simply present your **LifeBalance Membership Card** at any LifeBalance Provider, or visit LifeBalance online for upcoming events. It's that simple.

www.LifeBalanceProgram.com

The LifeBalance Program website is your source for all program information. All businesses within the LifeBalance Provider Network can be found in the **Search for Savings** section of the website, and specifics on all LifeBalance Member Events can be found in the **Events Calendar** section.



The LifeBalance Program website includes additional features to help members make the most of their busy lives. The LifeBalance **Ticket Window** offers members direct access to discounted tickets to a wide variety of events including professional sports, theater, music, movies, skiing, snowboarding, museums and more. The LifeBalance **Wellness Window** offers members streamlined access to all things wellness related, including fitness and health club listings, personal coaches, massage practitioners, yoga and pilates classes, and more. The Wellness Window also offers members health and wellness related content, including daily fitness tips, healthy recipes, motivational quotes, informative wellness articles and more.

www.LifeBalanceProgram.com

MAKE YOUR LIFEBALANCE!



Email Updates

eAction!, the monthly email newsletter of the LifeBalance Program, offers updates, fitness facts, contests, giveaways, special promotions and more! You can sign up for **eAction!** by visiting www.LifeBalanceProgram.com and selecting the **Get Email Updates** option on the menu.

Customer Service

The LifeBalance Program prides itself on personalized customer service. The customer service center is available from 9am - 5pm PST, Monday through Friday. LifeBalance members are encouraged to contact the customer service team for assistance with the LifeBalance Program, to register for Member Events, or to recommend new businesses to be added to the program.

A Growing Program

The LifeBalance Program continues to grow and expand LifeBalance benefits and events in all service areas. The program is valid for the whole family 365 days a year. Take advantage of the exclusive LifeBalance benefits as often as you wish, in any and all service areas. There are no blackout periods and you will not incur any payroll deductions.

Absolute Recreation Management reminds all LifeBalance members that proper instruction and safe techniques should be applied when participating in any recreational or cultural activity. Even when properly instructed and practicing safe techniques, certain risks are incurred by participating in such activities. Absolute Recreation Management is not responsible for any injuries or other damage resulting from participating in activities through LifeBalance providers. All participants knowingly and voluntarily assume all risks associated with LifeBalance providers, activities, and events. Please use caution while participating in such activities. Adopt safe techniques, and become educated about your event or activity. If you have any questions regarding LifeBalance services, events or activities, please contact Absolute Recreation Management directly.

www.LifeBalanceProgram.com

AIRLINE TICKETS

AIRLINE TICKETS

OTHER SERVICE AREAS

Hawaiian Airlines

Departures from PDX, SEA and other west coast cities

- 5% Savings on transpacific web fares
- Discount available online only
- Make reservations by visiting <http://hawaiianair.com/affiliate/affiliate.aspx?affcode=WELLNESS>

AVIATION

OTHER SERVICE AREAS

Hawaiian Airlines

Departures from PDX, SEA and other west coast cities

- 5% Savings on transpacific web fares
- Discount available online only
- Make reservations by visiting <http://hawaiianair.com/affiliate/affiliate.aspx?affcode=WELLNESS>

BACKPACKING / CAMPING / HIKING

OTHER SERVICE AREAS

Alaska Mountain Guides

Trips in Alaska, Utah and Overseas, Haines, AK 800.766.3396

- Since 1992, Alaska Mountain Guides has been the premier adventure guide service in Alaska. Programs include, exceptional climbing, trekking, skiing, and sea kayaking adventures in Alaska and around the world.
- 15% Savings on any Alaska Trip in Haines which includes sea kayaking, mountaineering, rock and ice climbing, and alpine hiking.
- 10% Savings on Mt. Kilimanjaro climb. This is a nine-day program that summits Africa's highest peak, and is followed by a safari into the best game parks of Tanzania.
- 10% Savings on Mexico Volcanoes Climbing Expedition. This is a 10 day all-inclusive trip starting in Mexico City.
- 10% Savings on Lift-Access Backcountry Skiing at Alta Ski Area in Utah. No special equipment needed.
- 10% Savings on 20 day Aconcagua Expedition in Argentina. Climb the highest point in the Western Hemisphere!
- To receive Savings present your proof of membership when making your purchase.

Destination Wilderness

Various Locations in Alaska, California, Oregon and Washington
800.423.8868

- 10% Savings on all Alaska, California, Oregon and Washington rafting trips
- 10% Savings on Oregon fishing trips on the Rogue and McKenzie rivers
- 10% Savings on all Alaska adventure trips
- To receive this benefit please contact Destination Wilderness and identify yourself as a LifeBalance Member.

BASEBALL / SOFTBALL

OTHER SERVICE AREAS

Go Boston Card

Boston, MA 800.887.9103

- Go Boston Card includes admission to Boston Duck Tours, Two day Beantown Trolley Tour Pass, Mass Bay Lines Whale Watch, Freedom Trail Walking Tour, New England Aquarium, Museum of Science, Museum of Fine Arts, Fenway Park Tour and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Boston Cards visit <http://www.gobostoncard.com> and enter promotional code LifeBalance at checkout

BOOKS

OTHER SERVICE AREAS

Barnes & Noble

Online Merchant

- 10% Savings on qualifying online purchases made from December 1 to December 19, 2008
- 5% Savings on qualifying online purchases made during January 2009 through November 2009
- Savings not available at retail stores
- To make purchases visit <http://www.bn.com/benefitportal>

CAR RENTALS

OTHER SERVICE AREAS

Alamo Car Rental

All Locations Nationwide 800.462.5266

- Members receive business rental rates on leisure and business rentals
- To make reservations visit <http://www.alamo.com> and enter Corporate ID 660401 or call 800.462.5266 and reference Corporate ID 660401

Budget

All Locations Nationwide 800.527.0700

- Members receive special Budget Business Rates when reserving vehicles for leisure or business
- To make reservations visit <http://budget.com> and enter BCD Code Z638529 or calling 800.527.0700 and referencing BCD Code Z638529

Enterprise Rent-A-Car

All Locations Nationwide 800.261.7331

- 10% Savings on rentals beginning at airports
- 5% Savings on rentals beginning at other locations
- To make reservations visit http://www.enterprise.com/car_rental/deeplinkmap.do?bid=002&cust=46E3723 or call 800.261.7331 and reference code 46E3723

Hertz

All Locations Nationwide 800.654.2200

- Up to 10% Savings on car rentals
- To make reservations visit <http://link.hertz.com/link.html?id=9390> and enter CDP # 1766648 or call 800.654.2200 and reference CDP# 1766648

National Car Rental

All Locations Nationwide 800.227.7368

- 5-25% Savings on regular rates
- To make reservations visit <http://www.nationalcar.com> and enter contract ID EP101000

Thrifty

All Locations Nationwide 800.847.4389

- 10% Savings on regular rates
- To make reservations visit <http://www.thrifty.com> and enter Corporate Account 0013027418 or call 800.847.4389 and reference code Corporate Account 0013027418

COMPUTERS

COMPUTERS

OTHER SERVICE AREAS

Abacus 24-7 Computer Supplies

Online Merchant

- Find the lowest prices online at Abacus24-7.com for printer ink and toner, cables, memory, cell phone batteries and other electronic accessories
- 12% Savings on all orders
- FREE shipping on qualified orders with a 30-day money back guarantee
- To receive savings visit <http://www.abacus24-7.com/home.aspx?affiliateid=11193>, and enter code WELLNESS12 at checkout

Apple

Online Merchant Online Merchant 800.854.3680 x 2871

- 5%-15% Savings on select Apple hardware and software products in the Apple Member store (excluding Apple iPhone). Savings will vary throughout the year.
- For Apple related questions contact Apple Representative Oman Morales at 800.854.3680 x 2871 or oman@apple.com
- To access the store, you must be logged in to your MyLifeBalance account. Once logged in visit www.lifebalanceprogram.com/apple

Dell

Online Merchant 1.800.695.8133 Ext. 2167489

- Up to 12% Savings on select products
- To make purchases visit <http://dell.com/eppbuy> and enter member ID HS90938335 or call Dell representative Christopher Clifford directly at 800.695.8133 Ext. 2167489 and reference member ID HS90938335

COOKING

OTHER SERVICE AREAS

Gorge Delights

Delivery Available Nationwide 866.418.7260

- "Just Fruit" fruit bars by Gorge Delights are a delicious, pure fruit snack bar free of common allergens. Each fruit bar is gluten, dairy, soy, wheat, and nut free.
- 10% Savings on all internet and phone orders of "Just fruit" fruit bars
- Receive savings by visiting <http://www.gorgedelights.com> and enter promotional code LIFE BALANCE at checkout or calling 866.418.7260 and referencing promotional code LIFE BALANCE

CYCLING

OTHER SERVICE AREAS

Epic Ride

7288 Spruce Grove Circle, Whistler, BC 604.932.3742

- 10% Savings on all coaching programs, including progression weekend camps
- To receive Savings present your proof of membership when making your purchase.

FAMILY ATTRACTIONS & AMUSEMENT

OTHER SERVICE AREAS

Adventure Island

4500 Bougainvillea Ave., Tampa, FL 503.234.1375 or 888.754.5433

- Adventure Island's 30 acres of water-drenched fun in the sun features the ultimate combination of high-speed thrills and tropical, tranquil surroundings for guests of all ages.
- \$3 Savings per person on general admission for single-day admission tickets
- To print the LifeBalance/Adventure Island Coupon, please visit the LifeBalance / SeaWorld (PDF) page
- Members may also call LifeBalance customer service at 503.234.1375 or 888.754.5433 to receive special LifeBalance / SeaWorld page via mail, email or fax
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Busch Gardens Adventure Park

McKinley Drive, Tampa, FL 503.234.1375 or 888.754.5433

One Busch Gardens Blvd., Williamsburg, VA
503.234.1375 or 888.754.5433

- \$5 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Carrom Games

Online Merchant Online Merchant 800.223.6047

- Carrom Games is your online source for board games, card games, air hockey, foosball, chess, checkers, cribbage, dominoes, poker and much more! Enjoy quality time playing games with your family and friends or spread the joy of games by giving a gift!
- 20-50% Savings on all purchases
- FREE Shipping
- To make purchases visit <http://inhomegames.com> and enter group code 12254

Go Boston Card

Boston, MA 800.887.9103

- Go Boston Card includes admission to Boston Duck Tours, Two day Beantown Trolley Tour Pass, Mass Bay Lines Whale Watch, Freedom Trail Walking Tour, New England Aquarium, Museum of Science, Museum of Fine Arts, Fenway Park Tour and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Boston Cards visit <http://www.gobostoncard.com> and enter promotional code LifeBalance at checkout

Go Chicago Card

Chicago, IL 800.887.9103

- Go Chicago Card includes admission to Sears Tower Sky Deck, Adler Planetarium, Shedd Aquarium, John Hancock Observatory, Navy Pier Attractions, Field Museum, Gray Line Tours, Shoreline Architectural River Cruise and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Chicago Cards, visit <http://www.gochicagocard.com> and enter promotional code LifeBalance at checkout

FAMILY ATTRACTIONS & AMUSEMENT

Go Maui Card

Maui, HI 800.887.9103

- Go Maui Card includes admission to Molokini Snorkel Cruise, Reef dancer, Sugar Cane Train, Waikapu Village Luau, Alii Nui Summer Fun Sail, Haleakala Bike Ride, Maui Surf Clinics Surf Lessons and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Maui Cards, visit <http://www.gomauicard.com> and enter promotional code LifeBalance at checkout

Go Miami Card

Miami, FL 800.887.9103

- Go Miami Card includes admission to Miami Duck Tours, Jungle Island, Miami Sea aquarium, Everglades Tour, Miami Metro Zoo, Palm Beach Princess Cruise, Gator Park Airboat Tours and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Miami Cards, visit <http://www.gomiamicard.com> and enter promotional code LifeBalance at checkout

Go Oahu Card

Oahu, HI 800.887.9103

- Go Oahu Card includes admission to Grand Circle Island Tour, Dole Plantation Tour, Makani Catamaran Sail, Waikki Trolley Pass, Pearl Harbor and Honolulu City Tour, Sea Life Park, USS Arizona and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Oahu Cards, visit <http://www.gooahucard.com> and enter promotional code LifeBalance at checkout

Go Orlando Card

Orlando, FL 800.887.9103

- Go Orlando Card includes admission to Kennedy Space Center, Gatorland, Daytona 500 Experience, WonderWorks, Ripley's Believe it or not, Cypress Gardens Adventure Park, Boggy Creek Airboat Rides and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Orlando Cards, visit <http://www.goorlandocard.com> and enter promotional code LifeBalance at checkout

Honolulu Power Pass

Honolulu, HI 800.490.9330

- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to over 40 of Honolulu's top attractions and tours including Pearl Harbor/USS Arizona, snorkeling in Hanauma Bay or Kailua Beach, Dole Plantation, Sea Life Park and so much more!
- 10% Savings on regularly priced Honolulu Power Pass
- To purchase pass visit <http://visitticket.com> and enter promotion code LBPOWER8

New Orleans Power Pass

New Orleans, LA 800.490.9330

- 10% Savings on regularly priced New Orleans Power Pass & Meal Ticket
- To purchase a New Orleans Power Pass, Meal Ticket, Nightlife Ticket or Shopper's Ticket visit <http://www.visitticket.com> and enter promotional code LBPOWER8

New York Explorer Pass

New York, NY 800.887.9103

- New York Explorer Pass allows to choose from Rockefeller Center Tour, Top of the Rock Observation Deck, Madison Square Garden Tour, NBC Studio Tour, Metropolitan Museum of Art, Statue of Liberty and Ellis Island Immigration Museum and lots more!
- 10% Savings on regularly priced New York Explorer Passes
- To purchase New York Explorer Passes, visit <http://www.explorerpass.com/newyorkcity/index.html> and enter promotional code LifeBalance at checkout

New York Power Pass

New York, NY 800.490.9330

- Power Passes available for 1, 2, 3 & 7 consecutive days and offer admission to dozens of New York's top attractions and tours including the Empire State Building, Central Park Zoo, NBC Studio Tour, Statue of Liberty, Ellis Island and so much more!
- 5% Savings on regularly priced New York Power Pass
- To purchase a New York Power Pass visit <http://www.visitticket.com> and enter promotional code LBNYPHPASS8

Philadelphia Power Pass

Philadelphia, PA 800.490.9330

- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to dozens of Philadelphia's top attractions & tours including the National Constitution Center, Philadelphia Zoo, Ride the Ducks, Museum of Art, Science Museum & so much more!
- 5% Savings on regularly priced Philadelphia Power Pass
- To purchase a Philadelphia Power Pass visit <http://www.visitticket.com> and enter promotional code LBNYPHPASS8

SeaWorld Adventure Park

10500 SeaWorld Drive, San Antonio, TX 503.234.1375 or 888.754.5433

- \$5 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the LifeBalance / SeaWorld Adventure Park page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Sesame Place

100 Sesame Road, Langhorne, PA 503.234.1375 or 888.754.5433

- \$3 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Water Country USA

176 Water Country Pkwy., Williamsburg, VA 503.234.1375 or 888.754.5433

- \$3 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

FINANCIAL WELLNESS

FINANCIAL WELLNESS

OTHER SERVICE AREAS

Enhanced Benefits Group Home Ownership Program

Services Available Nationwide 866.505.3244

- Buy, sell or refinance your home through EBG's Home Ownership Program. Utilize EBG's network of prescreened mortgage and real estate professionals and receive our pre-negotiated discounts along the way.
- FREE consultation with no obligation
- Services include: Free Mortgage Consultations, Over 250 Loan Options, Consolidation of your debt, Real Estate Representation, Free Moving Quotes, Investment Buying Consultations and One Stop Shopping Network
- For more information and to receive consultation visit <http://www.ebgi.org> or calling 866.505.3244

FISHING / HUNTING

OTHER SERVICE AREAS

Destination Wilderness

Various Locations in Alaska, California, Oregon and Washington
800.423.8868

- 10% Savings on all Alaska, California, Oregon and Washington rafting trips
- 10% Savings on Oregon fishing trips on the Rogue and McKenzie rivers
- 10% Savings on all Alaska adventure trips
- To receive this benefit please contact Destination Wilderness and identify yourself as a LifeBalance Member.

FITNESS / HEALTH CLUBS

OTHER SERVICE AREAS

Snap Fitness

11172 S Lone Elm Rd., Olathe, KS 913.393.0029

- 50% Savings on enrollment fee (OR locations waive the entire enrollment fee!)
- FREE total body fitness consultation or equipment tutorial
- FREE reciprocal use of Snap Fitness clubs across U.S.
- To receive Savings present your proof of membership when making your purchase.

GARDENING / GARDENS

OTHER SERVICE AREAS

Flower Petal

Delivery Available Nationwide and in Canada
503.234.1375 or 888.754.5433

- 10% Savings on any flower or gift order. Delivery available within the U.S. and Canada
- To purchase flowers and gifts visit <http://www.lifebalanceprogram.flowerpetal.com>

GENERAL MERCHANDISE

OTHER SERVICE AREAS

1-800-PetMeds

Online Merchant 1.800.PETMEDS

- 1-800-PetMeds is America's largest pharmacy and #1 choice for quality pet medications at guaranteed low prices
- 10% Savings on all orders
- FREE shipping on orders over \$39
- To receive savings visit <http://www.1800petmeds.com> and enter code ACTIVE at checkout or call 1.800.PETMEDS and reference code ACTIVE

Abacus 24-7 Computer Supplies

Online Merchant

- Find the lowest prices online at Abacus24-7.com for printer ink and toner, cables, memory, cell phone batteries and other electronic accessories
- 12% Savings on all orders
- FREE shipping on qualified orders with a 30-day money back guarantee
- To receive savings visit <http://www.abacus24-7.com/home.aspx?affiliateid=11193>, and enter code WELLNESS12 at checkout

Carrom Games

Online Merchant Online Merchant 800.223.6047

- Carrom Games is your online source for board games, card games, air hockey, foosball, chess, checkers, cribbage, dominoes, poker and much more! Enjoy quality time playing games with your family and friends or spread the joy of games by giving a gift!
- 20-50% Savings on all purchases
- FREE Shipping
- To make purchases visit <http://inhomegames.com> and enter group code 12254

Flower Petal

Delivery Available Nationwide and in Canada
503.234.1375 or 888.754.5433

- 10% Savings on any flower or gift order. Delivery available within the U.S. and Canada
- To purchase flowers and gifts visit <http://www.lifebalanceprogram.flowerpetal.com>

Gorge Delights

Delivery Available Nationwide 866.418.7260

- "Just Fruit" fruit bars by Gorge Delights are a delicious, pure fruit snack bar free of common allergens. Each fruit bar is gluten, dairy, soy, wheat, and nut free.
- 10% Savings on all internet and phone orders of "Just fruit" fruit bars
- Receive savings by visiting <http://www.gorgedelights.com> and enter promotional code LIFEBALANCE at checkout or calling 866.418.7260 and referencing promotional code LIFEBALANCE

Maggie's Bath House

Online Merchant 503.929.7000

- Creating Scentions for your home Maggie's Bath House offers soaps, soap poufs, lotion, bath salts, body scrubs, frosting, reed diffusers, candles, melts, fragrances and more!
- 25% Savings
- To make purchases visit <http://www.maggiesbathhouse.com> and enter code healthyliving at checkout

Sears

All Locations Nationwide 360.493.6066

- 5% Savings on Sears gift cards
- Purchase gift cards before December 20, 2008 and save even more! FREE \$10 gift card with purchase of \$100 gift card. FREE \$5 gift card with purchase of \$5 gift card.
- For more information and to purchase gift cards contact Sears representative Deb Carlson directly at 360.493.6066

GOLF

GOLF

OTHER SERVICE AREAS

Knet Golf

- Online Merchant 877.563.8877
- Knet Golf is your one stop shop for golf balls, clubs and accessories!
 - 15% Savings on all purchases
 - FREE shipping on orders over \$99
 - To receive savings visit <http://www.knetgolf.com> and enter code WELLNESS15 at checkout

HOTELS / RENTALS / LODGING

OTHER SERVICE AREAS

Accor Hotels

Barrière Hotels

All Locations Worldwide

Mercure Hotels

All Locations Worldwide

Novotel Hotels

All Locations Worldwide

Pullman Hotels

All Locations Worldwide

Sofitel Hotels

All Locations Worldwide

- Members receive corporate room rates when booking rooms for business or leisure travel
- To make reservations visit <http://www.accorhotels.com/corporate> and entering Company Accor ID Code SCP176567 and Contract Number 5000

Choice Hotels

Cambria Suites

All Locations Nationwide 888.258.2847

Clarion Hotels

All Locations Nationwide 888.258.2847

Comfort Inn

All Locations Nationwide 800.258.2847

Comfort Suites

All Locations Nationwide 888.258.2847

Econo Lodge

All Locations Nationwide 800.258.2847

MainStay Suites

All Locations Nationwide 888.258.2847

Quality Inn

All Locations Nationwide 888.258.2847

Rodeway Inn

All Locations Nationwide 800.258.2847

Sleep Inn

All Locations Nationwide 888.258.2847

Suburban Extended Stay Hotel

All Locations Nationwide 888.258.2847

- 5% to 10% Savings on regular room rates
- To make reservations visit <http://www.choicehotels.com> and enter Special Rate ID 00710732 or call 800.258.2847 and reference Special Rate ID 00710732

Kimpton Hotels

70 Park Hotel

70 Park Ave, at 38th St., New York, NY 800.546.7866

Firesky Resort & Spa

4925 N.Scottsdale Rd, Scottsdale, AZ 800.528.7867

Hotel Allegro

171 West Randolph St., Chicago, IL 800.546.7866

Hotel Burnham

1 West Washington, Chicago, IL 800.546.7866

Hotel Helix

1430 Rhode Island Ave., NW, Washington, DC 800.546.7866

Hotel Lumen

6101 Hillcrest Ave., Dallas, TX 800.546.7866

Hotel Madera

1310 New Hampshire Ave., NW, Washington, DC 800.546.7866

Hotel Marlowe

25 Edwin H. Land Blvd., Cambridge, MA 800.546.7866

Hotel Monaco Chicago

225 North Wabash, Chicago, IL 800.546.7866

Hotel Monaco Denver

1717 Champa St. at 17th, Denver, CO 800.546.7866

Hotel Monaco Alexandria

480 King St., Alexandria, VA 800.546.7866

Hotel Palomar

5300 E. Mockingbird Ln., Dallas, TX 800.546.7866

Hotel Palomar

2121 P St. NW, Washington, DC 877.866.3070 OR 202.448.1800

Hotel Palomar Alexandria

1121 N. 19th St., Alexandria, VA 800.546.7866

Hotel Rouge

1315 16th St. NW, Washington, DC 800.546.7866

Morrison House

116 S. Alfred St., Alexandria, VA 800.546.7866

Nine Zero

90 Tremont St., Boston, MA 866.906.9090

Onyx Hotel

155 Portland St., Boston, MA 800.546.7866

Pacific Palisades Hotel

1277 Robson St., Vancouver, BC, Canada 800.546.7866

Sky Hotel

709 E Durant Ave., Aspen, CO 800.546.7866

Summit Lodge & Spa

4359 Main St., Whistler, BC, Canada 800.546.7866

The Hotel George

15 E St., NW, Washington, DC 800.546.7866

The Muse Hotel

130 West 46 St., New York City, NY 800.546.7866

Topaz Hotel

1733 N St. NW, Washington, DC 800.546.7866

- 10% Savings on nightly room rates
- FREE complimentary evening wine reception (at most Kimpton locations) and late check-out (subject to availability)
- To make reservations visit <http://www.kimptonhotels.com> and enter\ corporate ID GBP0026 or call 800.546.7866 and reference Special Rate ID GBP0026

HOTELS / RENTALS / LODGING

OHANA Hotels & Resorts OHANA Bayview Guam

1475 Pale San Vitores Rd., Tamuning, Guam 503.234.1375 or 888.754.5433

OHANA East

150 Kaiulani Ave., Honolulu, HI 503.234.1375 or 888.754.5433

OHANA Honolulu Airport Hotel

3401 Nimitz Hwy., Honolulu, HI 503.234.1375 or 888.754.5433

OHANA Islander Waikiki

270 Lewers St., Honolulu, HI 503.234.1375 or 888.754.5433

OHANA Oceanview Guam

1433 Pale San Vitores Rd., Tamuning, Guam 503.234.1375 or 888.754.5433

OHANA Waikiki Beachcomber

2300 Kalakaua Ave., Honolulu, HI 503.234.1375 or 888.754.5433

OHANA Waikiki Malia

2211 Kuhio Ave., Honolulu, HI 503.234.1375 or 888.754.5433

OHANA Waikiki West

2330 Kuhio Ave., Honolulu, HI 503.234.1375 or 888.754.5433

- 10-15% Savings on nightly room rates. Rates subject to availability. Available only at participating OHANA properties.

- To make reservations visit

<http://www.pacificbusinessconnection.com>, select Rates and Reservations and enter username Erin@LifeBalanceProgram.com and ID GL5059

Outrigger Hotels & Resorts Ala Moana Hotel

410 Atkinson Dr., Honolulu, HI 503.234.1375 or 888.754.5433

Keauhou Beach Resort

78-6740 Alii Dr., Kailua-Kona, HI 503.234.1375 or 888.754.5433

Outrigger Aina Nalu

660 Wainee St., Lahaina, HI 503.234.1375 or 888.754.5433

Outrigger at Lae nani

410 Papaloa Rd., Kapaa, HI 503.234.1375 or 888.754.5433

Outrigger Fairway Villas

69-200 Pohakulana Pl., Waikoloa, HI 503.234.1375 or 888.754.5433

Outrigger Guam Resort

1255 Pale San Vitores Rd., Tumon Bay, Guam 503.234.1375 or 888.754.5433

Outrigger Kanaloa at Kona

78-261 Manukai St., Kailua-Kona, HI 503.234.1375 or 888.754.5433

Outrigger Kiahuna Plantation

2253 Poipu Rd., Koloa, HI 503.234.1375 or 888.754.5433

Outrigger Luana Waikiki

2045 Kalakaua Ave., Honolulu, HI 503.234.1375 or 888.754.5433

Outrigger Maui Eldorado

2661 Kekaa Dr., Kaanapali, HI 503.234.1375 or 888.754.5433

Outrigger Napili Shores

5315 Lower Honoapiilani Rd., Lahaina, HI 503.234.1375 or 888.754.5433

Outrigger Palms at Wailea

3200 Wailea Alanui Dr., Wailea, HI 503.234.1375 or 888.754.5433

Outrigger Reef on the Beach

2169 Kalia Rd., Honolulu, HI 503.234.1375 or 888.754.5433

Outrigger Royal Kahana

4365 Lower Honoapiilani Rd., Lahaina, HI 503.234.1375 or 888.754.5433

Outrigger Royal Sea Cliff Resort

75-6040 Alii Dr., Kailua-Kona, HI 503.234.1375 or 888.754.5433

Outrigger Waikiki on the Beach

2335 Kalakaua Ave., Honolulu, HI 503.234.1375 or 888.754.5433

Outrigger Waikiki Shore

2161 Kalia Rd., Honolulu, HI 503.234.1375 or 888.754.5433

The Wyland Waikiki

400 Royal Hawaiian Ave., Honolulu, HI 503.234.1375 or 888.754.5433

- 10-15% Savings on nightly room rates. Available only at participating Outrigger properties.

- To make reservations visit

<http://www.pacificbusinessconnection.com>, select Rates and Reservations and enter username Erin@LifeBalanceProgram.com and ID GL5059

Red Lion Hotels Red Lion Hotel Denver Central

4040 Quebec St., Denver, CO 800.733.5466

Red Lion Hotel Denver Downtown

1975 Bryant St., Denver, CO 800.733.5466

Red Lion Hotels Baton Rouge

2445 S Acadian Thruway, Baton Rouge, LA 800.733.5466

Red Lion Inn & Suites Victoria

3366 Douglas St, Victoria, BC 800.733.5466

- Red Lion Hotels are full service hotels known for caring service and comfortable accommodations catering to the corporate and leisure traveler

- 20% Savings on standard rates. Rates subject to availability.

- Make reservations visit <http://www.redlion.com/> and enter Corporate Negotiated Rate Plan LFB or call 800.733.5466 and reference Pride Program code LFB

HOTELS / RENTALS / LODGING

Shilo Inns

I-25 & Curtis Rd, Casper, WY 800.222.2244

2401 Mountain City Hwy., Elko, NV 800.222.2244

1550 S Castle Dome Road, Yuma, AZ 800.222.2244

- Members receive special corporate rates when staying at select Shilo Inn properties
- Rates and benefits are subject to availability and vary for each location. Rates and benefits for weekend and holiday stays are not available at all locations.
- Make reservations by visiting <http://www.shiloinns.com> and entering special rate code WELLNESS or by calling 800.222.2244 and referencing special rate code WELLNESS

KAYAKING / CANOEING

OTHER SERVICE AREAS

Arctic Ladies - Adventure Traveling for Women

Tours available worldwide, Girdwood, AK 877.783.1954 or 907.783.1954

- Arctic Ladies aims to provide unique women travel experiences in extraordinary settings by offering you an array of quality adventure trips in: Alaska, Hawaii, Greece, Ireland, Switzerland, Argentina/Patagonia, and Peru.
- 10% Savings on gift certificates
- 10% Savings for groups of six or more
- 5% Savings on any standard or customized tour package
- To receive Savings present your proof of membership when making your purchase.

Destination Wilderness

Various Locations in Alaska, California, Oregon and Washington 800.423.8868

- 10% Savings on all Alaska, California, Oregon and Washington rafting trips
- 10% Savings on Oregon fishing trips on the Rogue and McKenzie rivers
- 10% Savings on all Alaska adventure trips
- To receive this benefit please contact Destination Wilderness and identify yourself as a LifeBalance Member.

Tarkio Kayak Adventures

Various Locations Worldwide 406.543.4583

- Featuring kayaking adventures on the Salmon, Lochesa and worldwide destinations and rivers
- \$100 Savings on kayaking trips
- \$50 Savings on full day private instruction
- To receive this benefit please contact Tarkio Kayak Adventures and identify yourself as a LifeBalance Member.

MASSAGE / SPA / RELAXATION

OTHER SERVICE AREAS

Maggie's Bath House

Online Merchant 503.929.7000

- Creating Scentations for your home Maggie's Bath House offers soaps, soap puffs, lotion, bath salts, body scrubs, frosting, reed diffusers, candles, melts, fragrances and more!
- 25% Savings
- To make purchases visit <http://www.maggiesbathhouse.com> and enter code healthyiving at checkout

SpaFinder

Over 5,000 Locations Worldwide 888.255.7727

- SpaFinder gift certificates are redeemable at over 5,000 spas globally, including locations in OR, WA, AK, ID, UT, MT & NV
- 10% Savings on SpaFinder gift certificates (minimum purchase \$125)
- FREE 1 year subscription to Luxury SpaFinder
- To purchase gift certificates and view participating spas, visit <http://www.spafinder.com/LIFEBALANCE> and enter promotional code LIFE B

MOTORSPORTS / SCOOTERS / SNOWMOBILES

OTHER SERVICE AREAS

Go Orlando Card

Orlando, FL 800.887.9103

- Go Orlando Card includes admission to Kennedy Space Center, Gatorland, Daytona 500 Experience, WonderWorks, Ripley's Believe it or not, Cypress Gardens Adventure Park, Boggy Creek Airboat Rides and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Orlando Cards, visit <http://www.goorlandocard.com> and enter promotional code LifeBalance at checkout

MOVIES / FILM

OTHER SERVICE AREAS

AMC Theatres

All Locations Nationwide 503.234.1375 or 888.754.5433

- Members can purchase AMC Gold Experience movie tickets for \$7.50 each
- Gold Experience movie tickets are unrestricted-redeemable for any movie, any time at all AMC locations across the U.S. Additional charges may apply for IMAX films.
- To purchase tickets please visit LifeBalanceProgram.com, or contact the LifeBalance Program directly at 503.234.1375 or 888.754.5433

Blockbuster Total Access

Online Merchant

- Total Access Plan gives members the convenience of renting movies online with a choice of how to return them: send them back by mail or exchange them for new movies or discounted game rentals at participating BLOCKBUSTER stores
- \$10 Savings on first month membership dues (regularly priced \$19.99, members pay only \$9.99)
- To register visit <https://www.blockbuster.com/signup/s/reg/p.26877/pc.cj999/r.1/>

Cinemark / Century Theaters

All Locations Nationwide 503.234.1375 or 888.754.5433

- Members can purchase Cinemark Platinum Supersaver movie tickets for \$7.00 each
- Platinum supersaver movie tickets are unrestricted-redeemable for any movie, any time at all Cinemark and Century Entertainment locations across the United States
- To purchase tickets please visit LifeBalanceProgram.com, or contact the LifeBalance Program directly at 503.234.1375 or 888.754.5433

MOVIES / FILM

Regal Cinemas

All Locations Nationwide 503.234.1375 or 888.754.5433

- Members can purchase Regal Entertainment premier movie tickets for \$7.00 each
- Premier movie tickets are unrestricted-redeemable for any movie, any time at all Regal Entertainment locations across the United States
- To purchase tickets please visit LifeBalanceProgram.com, or contact the LifeBalance Program directly at 503.234.1375 or 888.754.5433

MUSEUMS / GALLERIES OTHER SERVICE AREAS

Go Boston Card

Boston, MA 800.887.9103

- Go Boston Card includes admission to Boston Duck Tours, Two day Beantown Trolley Tour Pass, Mass Bay Lines Whale Watch, Freedom Trail Walking Tour, New England Aquarium, Museum of Science, Museum of Fine Arts, Fenway Park Tour and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Boston Cards visit <http://www.gobostoncard.com> and enter promotional code LifeBalance at checkout

Go Chicago Card

Chicago, IL 800.887.9103

- Go Chicago Card includes admission to Sears Tower Sky Deck, Adler Planetarium, Shedd Aquarium, John Hancock Observatory, Navy Pier Attractions, Field Museum, Gray Line Tours, Shoreline Architectural River Cruise and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Chicago Cards, visit <http://www.gochicagocard.com> and enter promotional code LifeBalance at checkout

Go Maui Card

, HI 800.887.9103

- Go Maui Card includes admission to Molokini Snorkel Cruise, Reef dancer, Sugar Cane Train, Waikapu Village Luau, Alii Nui Summer Fun Sail, Haleakala Bike Ride, Maui Surf Clinics Surf Lessons and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Maui Cards, visit <http://www.gomauicard.com> and enter promotional code LifeBalance at checkout

Go Miami Card

Miami, FL 800.887.9103

- Go Miami Card includes admission to Miami Duck Tours, Jungle Island, Miami Sea aquarium, Everglades Tour, Miami Metro Zoo, Palm Beach Princess Cruise, Gator Park Airboat Tours and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Miami Cards, visit <http://www.gomiamicard.com> and enter promotional code LifeBalance at checkout

Go Oahu Card

, HI 800.887.9103

- Go Oahu Card includes admission to Grand Circle Island Tour, Dole Plantation Tour, Makani Catamaran Sail, Waikki Trolley Pass, Pearl Harbor and Honolulu City Tour, Sea Life Park, USS Arizona and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Oahu Cards, visit <http://www.gooahucard.com> and enter promotional code LifeBalance at checkout

Go Orlando Card

Orlando, FL 800.887.9103

- Go Orlando Card includes admission to Kennedy Space Center, Gatorland, Daytona 500 Experience, WonderWorks, Ripley's Believe it or not, Cypress Gardens Adventure Park, Boggy Creek Airboat Rides and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Orlando Cards, visit <http://www.goorlandocard.com> and enter promotional code LifeBalance at checkout

Honolulu Power Pass

Honolulu, HI 800.490.9330

- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to over 40 of Honolulu's top attractions and tours including Pearl Harbor/USS Arizona, snorkeling in Hanauma Bay or Kailua Beach, Dole Plantation, Sea Life Park and so much more!
- 10% Savings on regularly priced Honolulu Power Pass
- To purchase pass visit <http://visitticket.com> and enter promotion code LBPOWER8

New Orleans Power Pass

New Orleans, LA 800.490.9330

- 10% Savings on regularly priced New Orleans Power Pass & Meal Ticket
- To purchase a New Orleans Power Pass, Meal Ticket, Nightlife Ticket or Shopper's Ticket visit <http://www.visitticket.com> and enter promotional code LBPOWER8

New York Explorer Pass

New York, NY 800.887.9103

- New York Explorer Pass allows to choose from Rockefeller Center Tour, Top of the Rock Observation Deck, Madison Square Garden Tour, NBC Studio Tour, Metropolitan Museum of Art, Statue of Liberty and Ellis Island Immigration Museum and lots more!
- 10% Savings on regularly priced New York Explorer Passes
- To purchase New York Explorer Passes, visit <http://www.explorerpass.com/newyorkcity/index.html> and enter promotional code LifeBalance at checkout

New York Power Pass

New York, NY 800.490.9330

- Power Passes available for 1, 2, 3 & 7 consecutive days and offer admission to dozens of New York's top attractions and tours including the Empire State Building, Central Park Zoo, NBC Studio Tour, Statue of Liberty, Ellis Island and so much more!
- 5% Savings on regularly priced New York Power Pass
- To purchase a New York Power Pass visit <http://www.visitticket.com> and enter promotional code LBNYPHPASS8

Philadelphia Power Pass

Philadelphia, PA 800.490.9330

- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to dozens of Philadelphia's top attractions & tours including the National Constitution Center, Philadelphia Zoo, Ride the Ducks, Museum of Art, Science Museum & so much more!
- 5% Savings on regularly priced Philadelphia Power Pass
- To purchase a Philadelphia Power Pass visit <http://www.visitticket.com> and enter promotional code LBNYPHPASS8

MUSIC

MUSIC

OTHER SERVICE AREAS

Apple

- Online Merchant Online Merchant 800.854.3680 x 2871
- 5%-15% Savings on select Apple hardware and software products in the Apple Member store (excluding Apple iPhone). Savings will vary throughout the year.
 - For Apple related questions contact Apple Representative Oman Morales at 800.854.3680 x 2871 or oman@apple.com
 - To access the store, you must be logged in to your MyLifeBalance account. Once logged in visit [www.http://lifebalanceprogram.com/apple](http://lifebalanceprogram.com/apple)

NUTRITION / SUPPLEMENTS

OTHER SERVICE AREAS

Gorge Delights

- Delivery Available Nationwide 866.418.7260
- "Just Fruit" fruit bars by Gorge Delights are a delicious, pure fruit snack bar free of common allergens. Each fruit bar is gluten, dairy, soy, wheat, and nut free.
 - 10% Savings on all internet and phone orders of "Just fruit" fruit bars
 - Receive savings by visiting <http://www.gorgedelights.com> and enter promotional code LIFE BALANCE at checkout or calling 866.418.7260 and referencing promotional code LIFE BALANCE

Hygeia Weight and Health Management Take Shape for Life

- Services Available Nationwide 503.481.0444 or 877.328.2348
- 5-12% Savings. Orders placed online will not receive discount.
 - FREE Personal Health Coaching by someone who has obtained and maintained their own healthy weight! On call by phone and email.
 - FREE 30-day exchange for up to 10 boxes of meals, eat only the ones you love, including chocolate (50 to chose from including special meals for coronary, joints, and diabetes). Refund on unopened meals return within the first 30 days.
 - FREE on-line support program to chat with other clients, keep a daily diary, access nutrition information and get daily e-mail tips
 - Toll-FREE access for one-on-one consultation with dieticians
 - FREE weekly conference calls with RNs, MDs and maintenance team
 - All meals are shipped directly to your home, anywhere in the USA via UPS
 - For more information and to receive savings contact Hygeia representative Ken Anderson directly at 503.481.0444, 877.328.2348 or kenja777@comcast.net

Jenny Craig

- Online Merchant 800.96.JENNY
- The Jenny Craig program is about balancing food, body and mind, the three essential components of successful weight management. Together with one-on-one support, Jenny Craig will design a personalized comprehensive program that fits your lifestyle.
 - FREE 30 Day Program*
 - 50% Savings on 6-Month program* (This program is designed to help you get back on track with consistent, healthy eating and physical activity)
 - Special food discounts on Jenny Rewards 1-Year program* (Weekly food discounts will increase throughout the year, based on active participation)
 - *Plus the cost of food. Discounts apply to membership fee only. Offer good at participating Centers and Jenny Direct in the United States, Canada and Puerto Rico.
 - For more information and to receive savings visit <http://www.jennycraig.com/corporatechannel/lifebalance.aspx> or call 800.96.JENNY and reference corporate program LifeBalance

PERSONAL COACHING

OTHER SERVICE AREAS

Jenny Craig

- Online Merchant 800.96.JENNY
- The Jenny Craig program is about balancing food, body and mind, the three essential components of successful weight management. Together with one-on-one support, Jenny Craig will design a personalized comprehensive program that fits your lifestyle.
 - FREE 30 Day Program*
 - 50% Savings on 6-Month program* (This program is designed to help you get back on track with consistent, healthy eating and physical activity)
 - Special food discounts on Jenny Rewards 1-Year program* (Weekly food discounts will increase throughout the year, based on active participation)
 - *Plus the cost of food. Discounts apply to membership fee only. Offer good at participating Centers and Jenny Direct in the United States, Canada and Puerto Rico.
 - For more information and to receive savings visit <http://www.jennycraig.com/corporatechannel/lifebalance.aspx> or call 800.96.JENNY and reference corporate program LifeBalance

PETS

OTHER SERVICE AREAS

1-800-PetMeds

- Online Merchant 1.800.PETMEDS
- 1-800-PetMeds is America's largest pharmacy and #1 choice for quality pet medications at guaranteed low prices
 - 10% Savings on all orders
 - FREE shipping on orders over \$39
 - To receive savings visit <http://www.1800petmeds.com> and enter code ACTIVE at checkout or call 1.800.PETMEDS and reference code ACTIVE

Just 4 Pooches

- Online Merchant 866.895.4364
- Visit this unique boutique for pet & parent - shop the on-line pet boutique for the latest in pet fashion, unique toys, designer collars & leads, all-natural food & treats, great gifts, over 100 exclusive brands and much more
 - 10% Savings
 - To make purchases visit <http://www.just4pooches.com> and enter coupon code LIFE BALANCE at checkout

Sitter City

- Services Available Nationwide 888.748.2489
- Sittercity.com has hundreds of thousands of sitters nationwide – all with detailed profiles that include features like photos, videos, background checks, references and feedback from other parents
 - 15% Savings on registration
 - To access the savings, you must be logged in to your MyLifeBalance account. Once logged in visit [www.http://lifebalanceprogram.com/sittercity](http://lifebalanceprogram.com/sittercity)

ROCK CLIMBING / MOUNTAINEERING

ROCK CLIMBING / MOUNTAINEERING OTHER SERVICE AREAS

Alaska Mountain Guides

Trips in Alaska, Utah and Overseas, Haines, AK 800.766.3396

- Since 1992, Alaska Mountain Guides has been the premier adventure guide service in Alaska. Programs include, exceptional climbing, trekking, skiing, and sea kayaking adventures in Alaska and around the world.
- 15% Savings on any Alaska Trip in Haines which includes sea kayaking, mountaineering, rock and ice climbing, and alpine hiking.
- 10% Savings on Mt. Kilimanjaro climb. This is a nine-day program that summits Africa's highest peak, and is followed by a safari into the best game parks of Tanzania.
- 10% Savings on Mexico Volcanoes Climbing Expedition. This is a 10 day all-inclusive trip starting in Mexico City.
- 10% Savings on Lift-Access Backcountry Skiing at Alta Ski Area in Utah. No special equipment needed.
- 10% Savings on 20 day Aconcagua Expedition in Argentina. Climb the highest point in the Western Hemisphere!
- To receive Savings present your proof of membership when making your purchase.

SAILING / BOATING OTHER SERVICE AREAS

Go Oahu Card

- , HI 800.887.9103
- Go Oahu Card includes admission to Grand Circle Island Tour, Dole Plantation Tour, Makani Catamaran Sail, Waikki Trolley Pass, Pearl Harbor and Honolulu City Tour, Sea Life Park, USS Arizona and lots more!
 - 10% Savings on regularly priced Go Cards
 - To purchase Go Oahu Cards, visit <http://www.gooahucard.com> and enter promotional code LifeBalance at checkout

SCUBA DIVING OTHER SERVICE AREAS

Honolulu Power Pass

- Honolulu, HI 800.490.9330
- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to over 40 of Honolulu's top attractions and tours including Pearl Harbor/USS Arizona, snorkeling in Hanauma Bay or Kailua Beach, Dole Plantation, Sea Life Park and so much more!
 - 10% Savings on regularly priced Honolulu Power Pass
 - To purchase pass visit <http://visitticket.com> and enter promotion code LBPOWER8

SKI / SNOWBOARD LIFT TICKETS OTHER SERVICE AREAS

Cypress Mountain

Cypress Provincial Park, West Vancouver, BC 503.234.1375 or 888.754.5433

- \$14 Savings on Peak Adult Alpine single day lift tickets (regularly priced \$79, members pay only \$65). Peak dates are December 26, 2008-January 2, 2009 and all weekends in January and February 2009.
- \$14 Savings on Regular Adult Alpine single day lift tickets (regularly priced \$74, members pay only \$60). Tickets CANNOT be used from December 26, 2008-January 2, 2009 and all weekends in January and February 2009.
- For snow conditions call 604.419.7669
- To purchase tickets please visit LifeBalanceProgram.com, or contact the LifeBalance Program directly at 503.234.1375 or 888.754.5433

Powder Passport

, ME, NH, VT, NY, MA 800.887.9103

- The Powder Passport is a multi-mountain access pass that grants you unrestricted skiing and riding at your choice of 16 of the top Northeast Mountains
- 10% Savings on regularly priced Powder Passports
- To purchase Powder Passports, visit <http://www.powderpassport.com> and enter promotional code LifeBalance at checkout

Whistler Blackcomb

4545 Blackcomb Way, Whistler, BC 503.234.1375 or 888.754.5433

- \$13 Savings on Adult (ages 19-64) single day lift tickets (regularly priced \$75, members pay only \$62)
- \$12 Savings on Youth/Senior single day lift tickets (regularly priced \$64, members pay only \$52). Youth tickets valid for ages 13-18. Senior tickets valid for ages 65 and over.
- For snow conditions visit www.whistlerblackcomb.com/weather/snowreport/index.htm
- To purchase tickets please visit LifeBalanceProgram.com, or contact the LifeBalance Program directly at 503.234.1375 or 888.754.5433

SKIING / SNOWBOARDING / SNOWSHOEING OTHER SERVICE AREAS

Alaska Mountain Guides

Trips in Alaska, Utah and Overseas, Haines, AK 800.766.3396

- Since 1992, Alaska Mountain Guides has been the premier adventure guide service in Alaska. Programs include, exceptional climbing, trekking, skiing, and sea kayaking adventures in Alaska and around the world.
- 15% Savings on any Alaska Trip in Haines which includes sea kayaking, mountaineering, rock and ice climbing, and alpine hiking.
- 10% Savings on Mt. Kilimanjaro climb. This is a nine-day program that summits Africa's highest peak, and is followed by a safari into the best game parks of Tanzania.
- 10% Savings on Mexico Volcanoes Climbing Expedition. This is a 10 day all-inclusive trip starting in Mexico City.
- 10% Savings on Lift-Access Backcountry Skiing at Alta Ski Area in Utah. No special equipment needed.
- 10% Savings on 20 day Aconcagua Expedition in Argentina. Climb the highest point in the Western Hemisphere!
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SURFING / WINDSURFING / KITEBOARDING

OTHER SERVICE AREAS

Go Maui Card

, HI 800.887.9103

- Go Maui Card includes admission to Molokini Snorkel Cruise, Reef dancer, Sugar Cane Train, Waikapu Village Luau, Alii Nui Summer Fun Sail, Haleakala Bike Ride, Maui Surf Clinics Surf Lessons and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Maui Cards, visit <http://www.gomaucard.com> and enter promotional code LifeBalance at checkout

SWIMMING

OTHER SERVICE AREAS

Water Country USA

176 Water Country Pkwy., Williamsburg, VA 503.234.1375 or 888.754.5433

- \$3 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

TRAVEL / TOURS

OTHER SERVICE AREAS

Adventure Island

4500 Bougainvillea Ave., Tampa, FL 503.234.1375 or 888.754.5433

- Adventure Island's 30 acres of water-drenched fun in the sun features the ultimate combination of high-speed thrills and tropical, tranquil surroundings for guests of all ages.
- \$3 Savings per person on general admission for single-day admission tickets
- To print the LifeBalance/Adventure Island Coupon, please visit the LifeBalance / SeaWorld (PDF) page
- Members may also call LifeBalance customer service at 503.234.1375 or 888.754.5433 to receive special LifeBalance / SeaWorld page via mail, email or fax
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

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- 10% Savings on Mexico Volcanoes Climbing Expedition. This is a 10 day all-inclusive trip starting in Mexico City.
- 10% Savings on Lift-Access Backcountry Skiing at Alta Ski Area in Utah. No special equipment needed.
- 10% Savings on 20 day Aconcagua Expedition in Argentina. Climb the highest point in the Western Hemisphere!
- To receive Savings present your proof of membership when making your purchase.

Arctic Ladies - Adventure Traveling for Women

Tours available worldwide, Girdwood, AK 877.783.1954 or 907.783.1954

- Arctic Ladies aims to provide unique women travel experiences in extraordinary settings by offering you an array of quality adventure trips in: Alaska, Hawaii, Greece, Ireland, Switzerland, Argentina/Patagonia, and Peru.
- 10% Savings on gift certificates
- 10% Savings for groups of six or more
- 5% Savings on any standard or customized tour package
- To receive Savings present your proof of membership when making your purchase.

Busch Gardens Adventure Park

McKinley Drive, Tampa, FL 503.234.1375 or 888.754.5433
One Busch Gardens Blvd., Williamsburg, VA 503.234.1375 or 888.754.5433

- \$5 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Chinook Expeditions

Index Galena Rd. & State Rt. 2, Index, WA 800.241.3451 or 360.793.3451

- 20% Savings on any whitewater or scenic river rafting trip in Washington or Hawaii for groups of 18 or more
- 15% Savings on Maui, Hawaii Adventure Vacation if booked more than 6 months in advance
- 10% Savings on any whitewater or scenic river rafting trip in Washington or Hawaii for individuals and groups up to 18 people
- 10% Savings on gift certificates
- To receive Savings present your proof of membership when making your purchase.

TRAVEL / TOURS

Collette Vacations

Services available online, National and International Trips, Tours and Travel

800.940.5990

- 5% Savings on Discovery Vacations, which are customized vacations that can include city stays, resort packages, excursions & adventures
- 5% Savings on Escorted Tours, which are customized vacations throughout the year that include tour guides for the trip
- 5% Savings on all airline tickets purchased in conjunction with a full service tour package
- To make reservations and purchase tickets call 800.940.5990 and reference Program Extension code #1189

Destination Wilderness

Various Locations in Alaska, California, Oregon and Washington

800.423.8868

- 10% Savings on all Alaska, California, Oregon and Washington rafting trips
- 10% Savings on Oregon fishing trips on the Rogue and McKenzie rivers
- 10% Savings on all Alaska adventure trips
- To receive this benefit please contact Destination Wilderness and identify yourself as a LifeBalance Member.

Go Boston Card

Boston, MA

800.887.9103

- Go Boston Card includes admission to Boston Duck Tours, Two day Beantown Trolley Tour Pass, Mass Bay Lines Whale Watch, Freedom Trail Walking Tour, New England Aquarium, Museum of Science, Museum of Fine Arts, Fenway Park Tour and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Boston Cards visit <http://www.gobostoncard.com> and enter promotional code LifeBalance at checkout

Go Chicago Card

Chicago, IL

800.887.9103

- Go Chicago Card includes admission to Sears Tower Sky Deck, Adler Planetarium, Shedd Aquarium, John Hancock Observatory, Navy Pier Attractions, Field Museum, Gray Line Tours, Shoreline Architectural River Cruise and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Chicago Cards, visit <http://www.gochicagocard.com> and enter promotional code LifeBalance at checkout

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, HI

800.887.9103

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- 10% Savings on regularly priced Go Cards
- To purchase Go Maui Cards, visit <http://www.gomauicard.com> and enter promotional code LifeBalance at checkout

Go Miami Card

Miami, FL

800.887.9103

- Go Miami Card includes admission to Miami Duck Tours, Jungle Island, Miami Sea aquarium, Everglades Tour, Miami Metro Zoo, Palm Beach Princess Cruise, Gator Park Airboat Tours and lots more!
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- To purchase Go Miami Cards, visit <http://www.gomiamicard.com> and enter promotional code LifeBalance at checkout

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, HI

800.887.9103

- Go Oahu Card includes admission to Grand Circle Island Tour, Dole Plantation Tour, Makani Catamaran Sail, Waikki Trolley Pass, Pearl Harbor and Honolulu City Tour, Sea Life Park, USS Arizona and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Oahu Cards, visit <http://www.gooahucard.com> and enter promotional code LifeBalance at checkout

Go Orlando Card

Orlando, FL

800.887.9103

- Go Orlando Card includes admission to Kennedy Space Center, Gatorland, Daytona 500 Experience, WonderWorks, Ripley's Believe it or not, Cypress Gardens Adventure Park, Boggy Creek Airboat Rides and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Orlando Cards, visit <http://www.goorlandocard.com> and enter promotional code LifeBalance at checkout

Hawaiian Airlines

Departures from PDX, SEA and other west coast cities

- 5% Savings on transpacific web fares
- Discount available online only
- Make reservations by visiting <http://hawaiianair.com/affiliate/affiliate.aspx?affcode=WELLNESS>

Honolulu Power Pass

Honolulu, HI

800.490.9330

- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to over 40 of Honolulu's top attractions and tours including Pearl Harbor/USS Arizona, snorkeling in Hanauma Bay or Kailua Beach, Dole Plantation, Sea Life Park and so much more!
- 10% Savings on regularly priced Honolulu Power Pass
- To purchase passess visit <http://visitticket.com> and enter promotion code LBPOWER8

New Orleans Power Pass

New Orleans, LA

800.490.9330

- 10% Savings on regularly priced New Orleans Power Pass & Meal Ticket
- To purchase a New Orelans Power Pass, Meal Ticket, Nightlife Ticket or Shopper's Ticket visit <http://www.visitticket.com> and enter promotional code LBPOWER8

TRAVEL / TOURS

New York Explorer Pass

New York, NY 800.887.9103

- New York Explorer Pass allows to choose from Rockefeller Center Tour, Top of the Rock Observation Deck, Madison Square Garden Tour, NBC Studio Tour, Metropolitan Museum of Art, Statue of Liberty and Ellis Island Immigration Museum and lots more!
- 10% Savings on regularly priced New York Explorer Passes
- To purchase New York Explorer Passes, visit <http://www.explorerpass.com/newyorkcity/index.html> and enter promotional code LifeBalance at checkout

New York Power Pass

New York, NY 800.490.9330

- Power Passes available for 1, 2, 3 & 7 consecutive days and offer admission to dozens of New York's top attractions and tours including the Empire State Building, Central Park Zoo, NBC Studio Tour, Statue of Liberty, Ellis Island and so much more!
- 5% Savings on regularly priced New York Power Pass
- To purchase a New York Power Pass visit <http://www.visitticket.com> and enter promotional code LBNYPHPASS8

Philadelphia Power Pass

Philadelphia, PA 800.490.9330

- Power Passes available for 1, 2, 3 & 5 consecutive days and offer admission to dozens of Philadelphia's top attractions & tours including the National Constitution Center, Philadelphia Zoo, Ride the Ducks, Museum of Art, Science Museum & so much more!
- 5% Savings on regularly priced Philadelphia Power Pass
- To purchase a Philadelphia Power Pass visit <http://www.visitticket.com> and enter promotional code LBNYPHPASS8

Royal Gorge Bridge & Park

4218 County Road 3A, Canon City, CO 503.234.1375 or 888.754.5433

- The Royal Gorge Bridge and Park is Colorado's natural wonder. A place where looking down is even more breathtaking than looking up. A place that brings together the scenic beauty of the Grand Canyon and the human achievement of the Golden Gate Bridge.
- \$5.50 Savings on park admission. Valid May - September only. Admission includes unlimited access to park rides, shows and attractions with the exception of the Royal Rush Skycoaster.
- To receive Savings please contact the LifeBalance Program directly at info@LifeBalanceProgram.com, 503.234.1375 or 888.754.5433

SeaWorld Adventure Park

10500 SeaWorld Drive, San Antonio, TX 503.234.1375 or 888.754.5433

- \$5 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the LifeBalance / SeaWorld Adventure Park page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Sesame Place

100 Sesame Road, Langhorne, PA 503.234.1375 or 888.754.5433

- \$3 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

Tarkio Kayak Adventures

Various Locations Worldwide 406.543.4583

- Featuring kayaking adventures on the Salmon, Lochesa and worldwide destinations and rivers
- \$100 Savings on kayaking trips
- \$50 Savings on full day private instruction
- To receive this benefit please contact Tarkio Kayak Adventures and identify yourself as a LifeBalance Member.

Water Country USA

176 Water Country Pkwy., Williamsburg, VA 503.234.1375 or 888.754.5433

- \$3 Savings per person on general admission for single-day admission tickets
- To receive Savings please print the Print Summary page available online at www.LifeBalanceProgram.com or by calling 503.234.1375 or 888.754.5433 and present it when making your purchase.

WEIGHT MANAGEMENT

OTHER SERVICE AREAS

Hygeia Weight and Health Management Take Shape for Life

Services Available Nationwide 503.481.0444 or 877.328.2348

- 5-12% Savings. Orders placed online will not receive discount.
- FREE Personal Health Coaching by someone who has obtained and maintained their own healthy weight! On call by phone and email.
- FREE 30-day exchange for up to 10 boxes of meals, eat only the ones you love, including chocolate (50 to chose from including special meals for coronary, joints, and diabetes). Refund on unopened meals return within the first 30 days.
- FREE on-line support program to chat with other clients, keep a daily diary, access nutrition information and get daily e-mail tips
- Toll-FREE access for one-on-one consultation with dieticians
- FREE weekly conference calls with RNs, MDs and maintenance team
- All meals are shipped directly to your home, anywhere in the USA via UPS
- For more information and to receive savings contact Hygeia representative Ken Anderson directly at 503.481.0444, 877.328.2348 or kenja777@comcast.net

Jenny Craig

Online Merchant 800.96.JENNY

- The Jenny Craig program is about balancing food, body and mind, the three essential components of successful weight management. Together with one-on-one support, Jenny Craig will design a personalized comprehensive program that fits your lifestyle.
- FREE 30 Day Program*
- 50% Savings on 6-Month program* (This program is designed to help you get back on track with consistent, healthy eating and physical activity)
- Special food discounts on Jenny Rewards 1-Year program* (Weekly food discounts will increase throughout the year, based on active participation)
- *Plus the cost of food. Discounts apply to membership fee only. Offer good at participating Centers and Jenny Direct in the United States, Canada and Puerto Rico.
- For more information and to receive savings visit <http://www.jennycraig.com/corporatechannel/lifebalance.aspx> or call 800.96.JENNY and reference corporate program LifeBalance

WHITEWATER RAFTING

WHITEWATER RAFTING OTHER SERVICE AREAS

Chinook Expeditions

Index Galena Rd. & State Rt. 2, Index, WA 800.241.3451 or 360.793.3451

- 20% Savings on any whitewater or scenic river rafting trip in Washington or Hawaii for groups of 18 or more
- 15% Savings on Maui, Hawaii Adventure Vacation if booked more than 6 months in advance
- 10% Savings on any whitewater or scenic river rafting trip in Washington or Hawaii for individuals and groups up to 18 people
- 10% Savings on gift certificates
- To receive Savings present your proof of membership when making your purchase.

Destination Wilderness

Various Locations in Alaska, California, Oregon and Washington 800.423.8868

- 10% Savings on all Alaska, California, Oregon and Washington rafting trips
- 10% Savings on Oregon fishing trips on the Rogue and McKenzie rivers
- 10% Savings on all Alaska adventure trips
- To receive this benefit please contact Destination Wilderness and identify yourself as a LifeBalance Member.

WILDLIFE / ZOOS / AQUARIUMS OTHER SERVICE AREAS

Go Boston Card

Boston, MA 800.887.9103

- Go Boston Card includes admission to Boston Duck Tours, Two day Beantown Trolley Tour Pass, Mass Bay Lines Whale Watch, Freedom Trail Walking Tour, New England Aquarium, Museum of Science, Museum of Fine Arts, Fenway Park Tour and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Boston Cards visit <http://www.gobostoncard.com> and enter promotional code LifeBalance at checkout

Go Chicago Card

Chicago, IL 800.887.9103

- Go Chicago Card includes admission to Sears Tower Sky Deck, Adler Planetarium, Shedd Aquarium, John Hancock Observatory, Navy Pier Attractions, Field Museum, Gray Line Tours, Shoreline Architectural River Cruise and lots more!
- 10% Savings on regularly priced Go Cards
- To purchase Go Chicago Cards, visit <http://www.gochicagocard.com> and enter promotional code LifeBalance at checkout

Go Maui Card

, HI 800.887.9103

- Go Maui Card includes admission to Molokini Snorkel Cruise, Reef dancer, Sugar Cane Train, Waikapu Village Luau, Alii Nui Summer Fun Sail, Haleakala Bike Ride, Maui Surf Clinics Surf Lessons and lots more!
- 10% Savings on regularly priced Go Cards
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Go Miami Card

Miami, FL 800.887.9103

- Go Miami Card includes admission to Miami Duck Tours, Jungle Island, Miami Sea aquarium, Everglades Tour, Miami Metro Zoo, Palm Beach Princess Cruise, Gator Park Airboat Tours and lots more!
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Honolulu Power Pass

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- To purchase passes visit <http://visitticket.com> and enter promotion code LBPOWER8

New Orleans Power Pass

New Orleans, LA 800.490.9330

- 10% Savings on regularly priced New Orleans Power Pass & Meal Ticket
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Philadelphia Power Pass

Philadelphia, PA 800.490.9330

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YOUTH PROGRAMS / ACTIVITIES

OTHER SERVICE AREAS

Carrom Games

Online Merchant Online Merchant 800.223.6047

- Carrom Games is your online source for board games, card games, air hockey, foosball, chess, checkers, cribbage, dominoes, poker and much more! Enjoy quality time playing games with your family and friends or spread the joy of games by giving a gift!
- 20-50% Savings on all purchases
- FREE Shipping
- To make purchases visit <http://inhomegames.com> and enter group code 12254

Go Boston Card

Boston, MA 800.887.9103

- Go Boston Card includes admission to Boston Duck Tours, Two day Beantown Trolley Tour Pass, Mass Bay Lines Whale Watch, Freedom Trail Walking Tour, New England Aquarium, Museum of Science, Museum of Fine Arts, Fenway Park Tour and lots more!
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Sitter City

Services Available Nationwide 888.748.2489

- Sittercity.com has hundreds of thousands of sitters nationwide – all with detailed profiles that include features like photos, videos, background checks, references and feedback from other parents
- 15% Savings on registration
- To access the savings, you must be logged in to your MyLifeBalance account. Once logged in visit [www.http://lifebalanceprogram.com/sittercity](http://lifebalanceprogram.com/sittercity)

Philadelphia Power Pass

Philadelphia, PA 800.490.9330

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Sesame Place

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